

# 2016 STL Spring Sprint 5k

Sponsored by PowerLine Youth Ministries

Lums Pond State Park (Area 1)

May 7, 2016 Race Start 9am

All Proceeds Benefit Speed the Light

<http://stl.ag.org/>

**AWARDS GIVEN OUT TO THE FIRST OVERALL MALE AND FEMALE FINISHERS (run only)**

**Medals to the TOP male and female finishers in the following age groups - run only**

**(14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, Over 70)**

**Location: Lums Pond State Park – Area #1 Cross Country Course**

**Race Entry Fee - \$20.00 (Normal Park Entry Fee Must Also Be Paid Per Vehicle)**

**Entry Form:**

Make Checks Payable to: Praise Assembly

Send signed release, completed entry form, and check to:

Praise Assembly

ATTN: 2015 STL Spring Sprint 5k

P.O. Box 9025

Newark, DE 19714

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone Number ( ) \_\_\_\_\_

E-Mail Address \_\_\_\_\_

Age on Race Day \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Sex: Male \_\_\_ Female \_\_\_

Circle one: 5K RUN

5K WALK

For office use only: Date received \_\_\_\_\_ Check Amt. Received \_\_\_\_\_ Race # \_\_\_\_\_

**2016 STL Spring Sprint Invitational Partnership Challenge Waiver:**

I know that running a road/trail race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with participating in this event including, but not limited to: falls, contact with other participants, the effects of the weather, traffic and the conditions of the road/trail, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry to participate in the 2016 STL Spring Sprint 5k (herein after the "Event") to be held on May 7, 2016 in Bear, DE, I, intending to be legally bound, do hereby for myself, my heirs, my executors and administrators agree as follows: 1. I do waive and forever release any and all rights and claims for any damages and liabilities of any kind arising out of my participation in the Event against all persons, entities and agencies involved with promoting and holding the Event, including but not limited to Praise Assembly, Inc., Powerline Youth Ministries, Speed the Light Ministries, Lums Pond State Park, all sponsors, volunteers and vendors of the event, their agents, successors, representatives and assigns even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. 2. I assume the risk of all bodily injuries, including death, resulting there from, and personal injuries to me and damage to and loss of my property, including loss of use thereof and any other indirect or consequential damages, resulting directly or indirectly, wholly or in part, from my participation in the Event and while traveling to and from the Event. 3. I hereby agree, for myself and/or for a minor under the age of eighteen for whom I am signing, to indemnify, defend, and hold the entities named above harmless from and against any and all claims, liabilities, losses and damages, costs, expenses (including attorney's fees) judgments and penalties arising out of any of my, and or said minors, acts or omissions to act. 4. I understand that the Event reserves the right to use any and all participant's names and/or likeness with regard to promotional and/or advertising materials. 5. I understand that all entry fees are non-refundable

Participant Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian Signature (If under 18) \_\_\_\_\_ Date \_\_\_\_\_